

Resources for Life

Legal / Mediation

A free 30-minute consultation with an attorney or mediator.
A 25% discount is available thereafter.

Financial Coaching

Unlimited access to reach your financial goals.

Identity Theft Services

Consultation with a Fraud
Resolution Specialist™ (FRS).

Home Ownership Program

Assistance and discounts for buying,
selling, and refinancing a home.

Resource Retrieval

EAP Specialists will do the research
and get back to you within three
business days.

Childcare & Eldercare

Canopy will locate caregiving
options and resources based
on your family's specifications,
budget, and location.

To access:

call: 800-433-2320

text: 503-850-7721

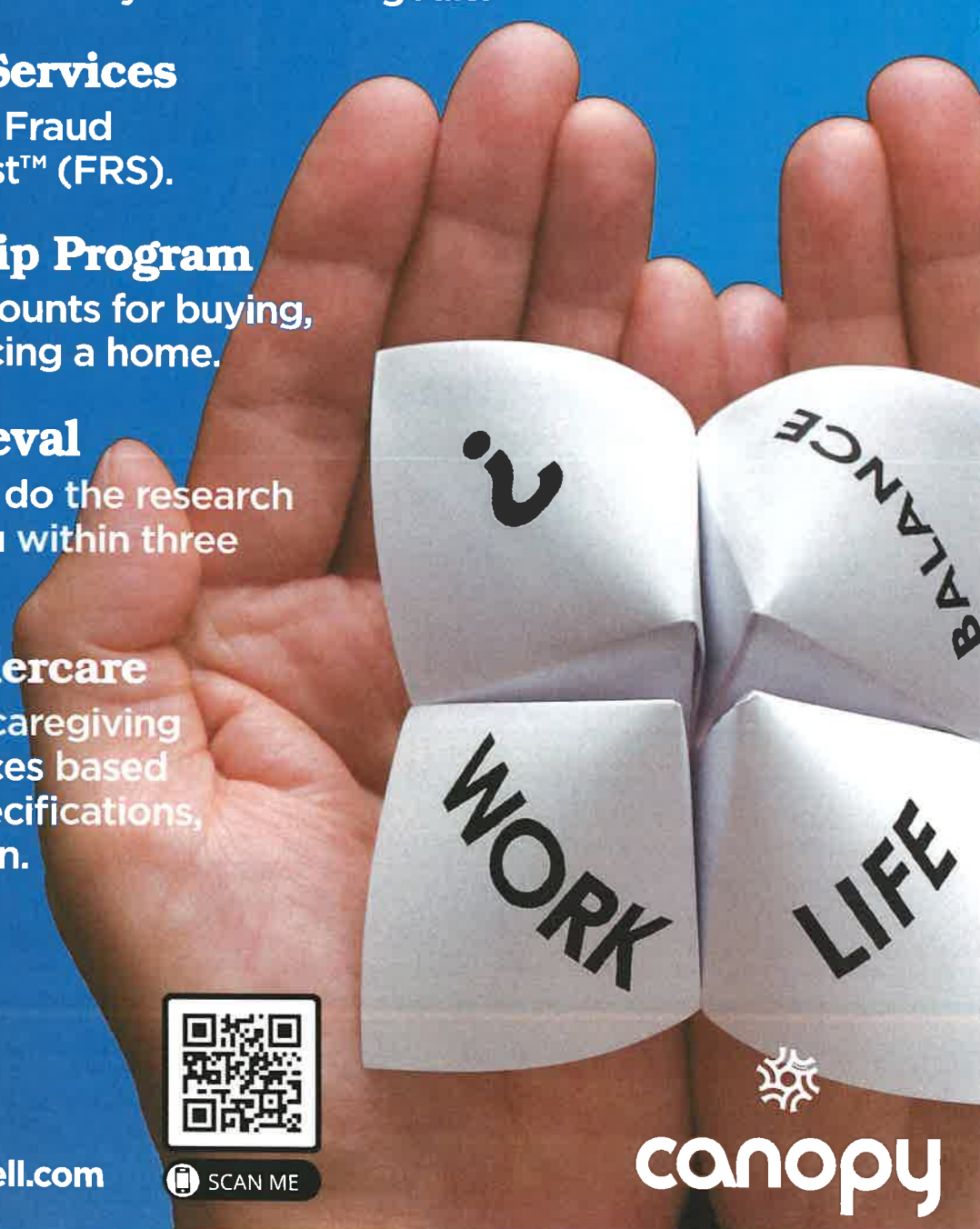
email: info@canopywell.com



SCAN ME



canopy



Canopy Quick-Reference Guide

We make it easy for you and your family to access confidential coaching, counseling, work/life balance, and self-help resources



Convenient Connection

Phone, text, app, chat, email, or online support. Your first point of contact is with a mental health professional



Comprehensive Resources

We offer counseling (in person or virtual), life coaching, financial coaching, legal, child/eldercare support, resource research, housing support, digital self-help resources, gym discounts and much more



Personalized Care Plan

We'll guide you to the appropriate resource(s) based on your unique needs and preferences



Professional Guidance

You'll receive evidence-based action plans, customized resources for ongoing success, and follow-up to make sure you you're getting the support you're looking for

Access your member site

Get guided support to the services that best meet your needs. You can also browse all the free services available to you and your family.

Log in: [Here](#)

Get started now:

800-433-2320 text: 503-850-7721 my.canopywell.com



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