




## How to Improve **Cultural** Empathy In Schools

- **Look at** attitudes
- **Examine** stereotypes
- **Gain insight into** beliefs

## GAIN UNDERSTANDING

**IMPLICIT BIAS** Implicit bias is not intentional but can impact how we judge others. For example, race, ability, gender, culture, and language may be viewed as favorable or unfavorable and this is often involuntary.

**EXPLICIT BIAS** Explicit biases are communicated or shown clearly and we are aware of their influence on how we interact with others. A simple example is not trusting people of a certain ethnic group.

 Experiencing racial bias and need someone to talk to? Call the Racial Equity Support line: 503.575.3764

Point your camera at the QR code for more information or go to:  
[www.linesforlife.org](http://www.linesforlife.org)



### Cultural Awareness

A strong cultural awareness stops us from making quick judgement calls, stereotyping and cultural myopia.



### Stereotypes

Applying an overgeneralized belief about a particular group or class of people.



### Cultural Myopia

A form of cultural nearsightedness—where we believe our own culture is appropriate and relevant in all situations and to all people.